



# How Dutch Flows...

48 secret insights that lead  
to more confidence and fluency



## Welkom!

Some time ago you visited my workshop Finding Dutch Flow where you discovered some first important principles of Dutch Flow.

And now there is a special eBook for you....

**[How Dutch Flows - 48 Secrets Insights That Lead To More Confidence and Fluency.](#)**

This book can help you to remember or realize that speaking great Dutch can be doable and achievable. One thing is certain... there will be many surprises!

So enjoy your next steps towards finding Dutch Flow

All the best,

Albert Both (Meneer Dutch Brainwash)



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# 1 Learn Dutch like a parrot and you you'll get is peanuts!



Many people believe that if you just repeat weird sounds long enough, then you'll learn how to speak a new language automatically. Unfortunately this is not true.

Speaking a new language has little to do with just parroting. You need to be much more intelligent than that. There are many other factors that play a decisive role. Also, there are at least 4 different ways to learn and to speak a new language and the parrot fashion is actually the lowest one.

If you like to discover more, then [check out this FREE eBook](http://www.dutchflownow.nl) that you can find on [www.dutchflownow.nl](http://www.dutchflownow.nl)



## 2 Why wait if you like to speak Dutch now?



If you wait for the right moment, then you can always wait

just

a

little

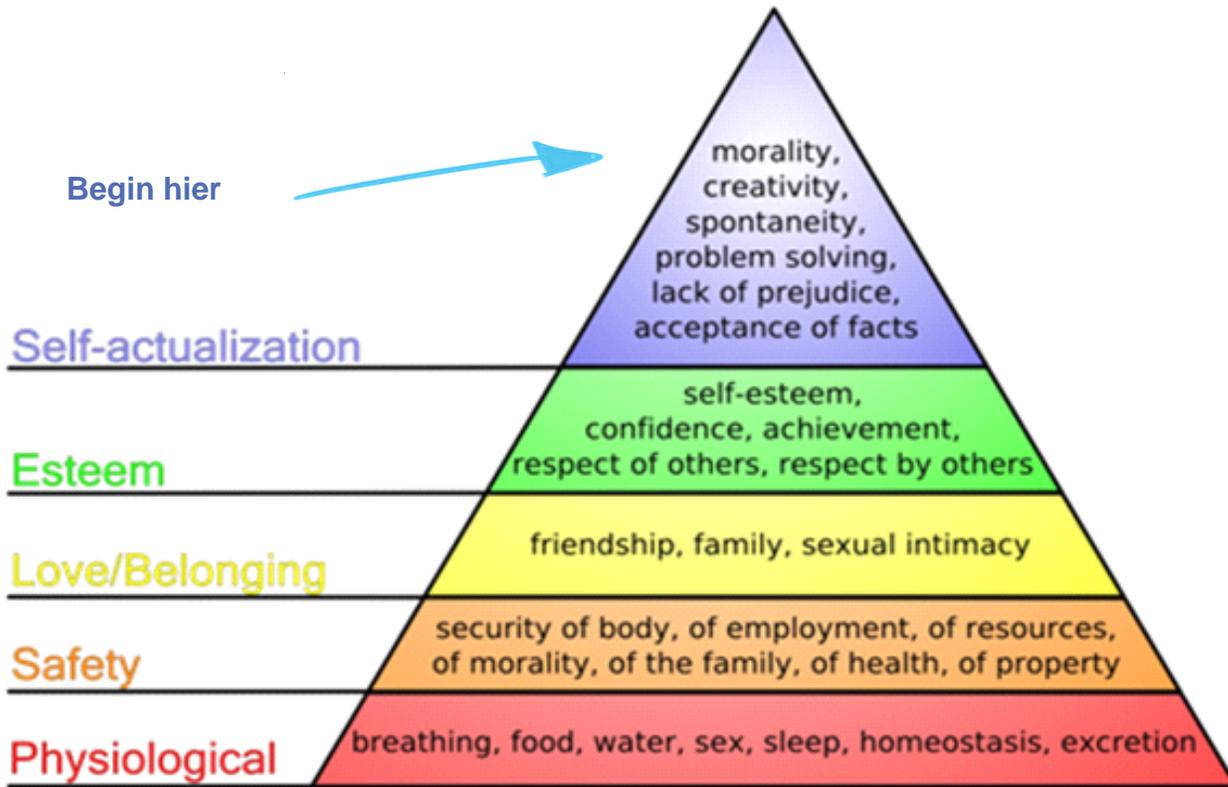
bit

longer.....

and longer

for that right moment

### 3 Why start at the bottom if you can begin at the top?



Picture Credit: Wiki Commons

Do you already know the pyramid of Maslow? It talks about the hierarchy of needs. The model suggests that the lowest level of physiological needs must be met before you can move up to a higher one. Only if you have food, you can start to worry about safety and then once you feel safe, you can start to think about family, friends etc and then you'll be looking for more self esteem...

Chances are high that you are already familiar with this model. However, what do you notice if look at most language courses? Can you see that somehow they tend to focus most on the first two levels? Most language courses will literally teach you how to survive, but... now that you live in Holland, would you rather like to survive or would you really like to live?

Here is an important secret. If you focus on the top levels, it feels a lot nicer and.. when you focus on the top levels such as self actualization and esteem (also your connection with others), you'll find it a lot easier to learn all the things that you also need for those lower levels.

Here is another important secret. The top level is all about the acceptance of facts and lack of prejudice. This automatically means that you can learn with an open mind and that you'll be able to talk about so much more! :)

Once again... don't learn Dutch so that you can just survive. Make sure that you can live a great life!

## 4 Most people cannot teach their own language



This is a picture of me and my mother. I speak Dutch because of her. Now I speak it with confidence and ease!

But.... here is the weird thing... My mother would not be able to teach you Dutch, because she does not know how it works. Somehow I picked it up from her and as a baby I figured out many things all by myself. Of course, my mum explained things now and then, but I did most of the work!

Don't you think it is strange? You speak a language, but at the same time you cannot teach it. This makes of course perfect sense. We all speak our own language, but somehow we don't know how we do it. Quite often we cannot even imagine why it would be so difficult for others to speak the language that seems to be so natural to us.

So if you have a Dutch partner, don't ask for explanations... Your partner sincerely doesn't know. It will save you loads of resentments and frustrations... Don't use your partner as a language teacher, just make sure that you make use of his / her other talents :)

## 5 Why not walk your own path?



If you don't understand Dutch, then you depend on other people far too often. They can show you the way and one day you may like the idea to do things all by yourself!

Speaking other languages always creates freedom. Dutch is no exception....

## 6 First relax and start to observe

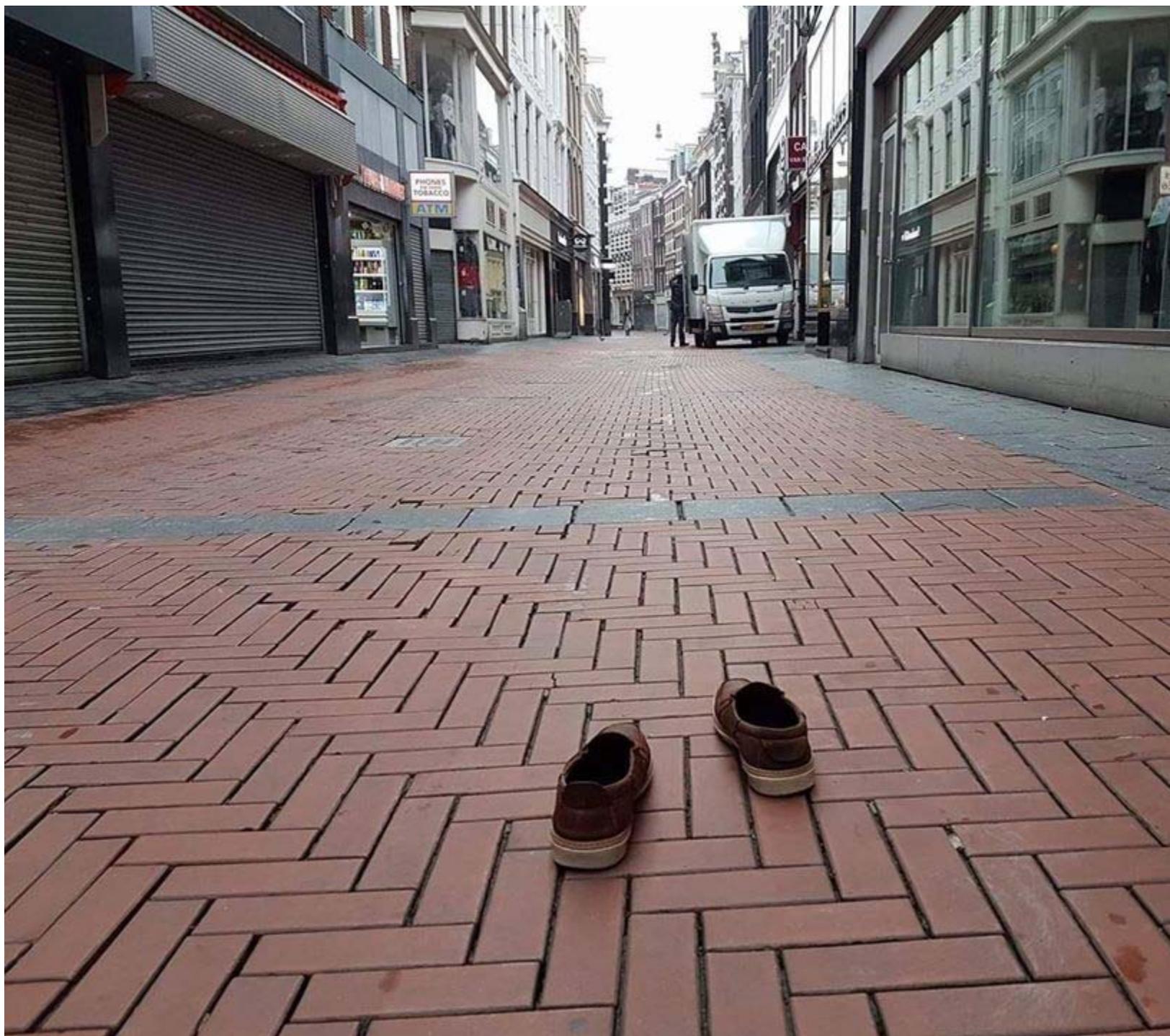


Yes... if you like you can lock yourself up and dive into serious study books, but... if you live in Holland you can learn in many other ways. The most important thing is that you start observing all the things around you. What do you notice? What do you hear? Just let your attention wander around and you'll discover things. Certain things will get your interest. Maybe you will wonder how certain things work and then little by little more things around you will start to make sense. It is quite an exciting process!

**Een tunnelvisie**  
is of course the total opposite!



## 7 See yourself doing it



Simply start to imagine in which ways you would like to use your Dutch  
Would you like to tease your colleagues? Find new clients? Give presentations?  
Once you really start to see yourself speaking Dutch, great things will happen.  
New words that you see will look far more relevant and you'll learn a lot faster, because now  
you realize that with everything that you learn, you are moving closer to your goal...

## 8 Everything in nature starts small....



Everything in nature starts small speaking a new language is no exception. But here is the weird thing... people loooove small animals, babies, little plants because they all look so cute and lovable!

So just ask yourself? What makes it so hard to appreciate your first progress of Dutch?

## 9 Expect resistance



Before a plane can take off, it needs to overcome a certain force that tries to push that plane back. But... with enough energy, the plane can take off and fly to any place in the world.

When you want to learn a new language, you'll probably notice that things are not that easy. Maybe you feel tired, frustrated or you start to feel a bad headache. If this happens, make sure that you see yourself as a plane, ready for take off

That is why in the beginning it takes a lot more effort, but... here is the good thing... once you start to fly, it is relatively easy!

## 10 Have some fun with your fear



It might feel scary to speak a new language... What if you understand it wrong? What if people feel insulted? And yes, the fear of being misunderstood is one of the biggest fears that we all have.

So what can you do if you feel a bit afraid? You can avoid the situation and speak English or keep your mouth shut. Or... feel the fear and start to experiment anyway. Fuck some things up while speaking Dutch, have a laugh at your mistakes and say some brilliant things... If you do, you can feel that rush and then realize: this feels quite exciting!

## 11 What is your definition of success?



What does success mean to you? It might be to become the next Dutch Shakespeare, speak for three hours without a single mistake... But... when you feel that you have this success then?

Here is a practical tip. Determine for yourself what a first success could be for you. Don't make it too big, keep it small.. It could be that you order your whole meal in Dutch, that you go to **een kapper** (hairdresser) or that you speak 5 minutes with a friend.

By the way? Have you noticed that Dutch often say **succes** in the sense that it means good luck? You may say: ik heb een examen (I'll have an exam) and Dutch people wish you succes! You'll also hear it when you need to go to a doctor or a dentist.

**One tip.** make sure that you write succes in Dutch with only one s. If you write it the English way succeSS), then you won't have it :) **Succes!**

## 12 When it is not perfect, it is perfectly perfect!



When you speak a new language, it does not have to be perfect. Make all the mistakes that you need to make and then what you can do is to see if you can improve just a little bit in your next conversation. If you do just a little bit better - let's say 3% - it will feel a lot lighter and... if you do this again and again you'll be on the path of continuous improvement, which means that you Dutch will get better every time!

On the short term it may seem that you did not achieve a lot, but when you do this on a longer term true miracles are possible!

## 13 If something does not work, then change it!



If things don't work out, then change it. Period!

## 14 School has little to do with you speaking Dutch



How you think about your own talents and abilities determines for a great part how succesful you can be when you like to speak another language.

You may believe that you are bad at languages, because 10, 20, 30 or 40 years ago you had an F for French at school...

Luckily, there is good news. Your grade does say very little about your ability now to speak Dutch with confidence and ease. Speaking a language has little to do with how well you performed at school. So don't worry if you did not finish university....

Here is another way of explaining it. If you like to have a hot and romantic night, would you look for someone that studied sexuology for 6 years at the university? Or would you be happy to work with people that have less scientific credentials?

Certificates and diplomas have the same value  
as any other piece of paper  
You either speak Dutch or not



## 15 This could be the most important traffic sign ever!



**Drempel** is something that can slow you down. That is why in Dutch it is also an inhibition. You can say: **ik voel** (I feel) **een drempel** and then it often means that you will not do something.

Dremfels can exist in many different forms. Maybe you find it weird to say certain words in Dutch. You may be afraid that you mispronounce things. You may find it hard to ask something in Dutch.

So imagine that you are in that black car on your way to Dutch fluency. What would you do?

## 16 Difficulty is in the eye of the beholder

### FRENCH



### ITALIAN



### GERMAN



### ENGLISH



Dutch people love to believe that Dutch is one of the hardest languages to learn. One piece of compelling evidence is that Dutch has **de** & **het**, two different words for the. Are you already convinced?

Pronounce the words **water** & **late**  
both in English and Dutch  
What do you notice?  
Which language is more difficult?

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## 17 Start to look at things from a different perspective



Dutch is different from English, because otherwise you would already speak it!  
Now it is time to experiment. Do things differently and see what you discover!

Ask yourself sometimes:  
what does the other person need?  
It is normal that not everyone  
has your point of view!



## 18 Always focus on the positive



It is easy to see all the things that you do wrong and all the words that you mispronounce. When you learn new things it even gets worse. Now you have more things to doubt about. Luckily there is one trick that always works: focus on the positive :)

## 19 Be curious!



You are trying to read this text, right? Well done! Congratulations! That means that you are curious! Chances are high that you will be a fast learner now :)

## 20 Think of an elephant!



As a participant of the workshop Finding Dutch Flow, you created many Dutch sentences about a Dutch elephant. Hopefully you learned many things from that exercise:

You can create more sentences than you think

Subject does not matter

You feel better when you create more sentences

Many limitations are only in your head

If you focus on what you already have, you can already do great things

Expanding your knowledge can be fun and relatively easy

What are your insights?

## 21 Don't worry what gets out of your mouth, just let it flow!



The biggest mistake that people make is that they want to say things that really make sense. First they think of something in their own language and then they try to translate and then they try to say it in Dutch. If this is how you like to learn Dutch, then it will take a loooooong time.

The most important thing what you need to do is to make many sentences first, even if they do not make sense. I like to call it **massive sentence generation**. If the sentences that you create are stupid and insane, it is even better :)

This is another way of saying it: just talk bull shit. Loads and loads of bull shit! Just let it flow out of your mouth. Later you can decide what is really useful or not. But once you have created hundreds of sentences, you will always find something useful. Open your mouth and let flow, it is the fastest way to go!

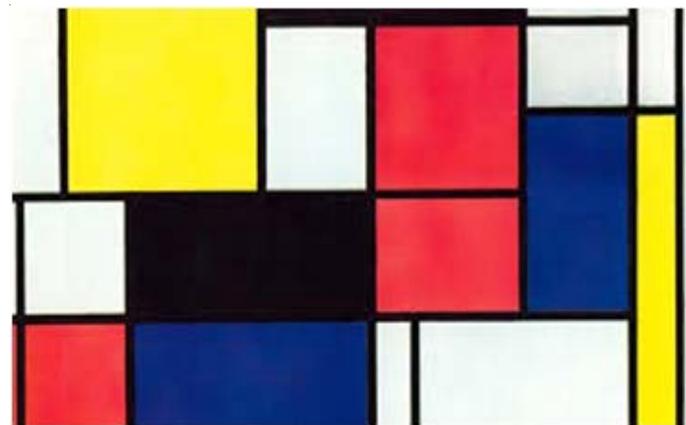
## 22 Make sure that you really understand structure



Believe it or not, Dutch has a great structure and once you really understand this, you can create many sentences all by yourself and expand your vocabulary like crazy.

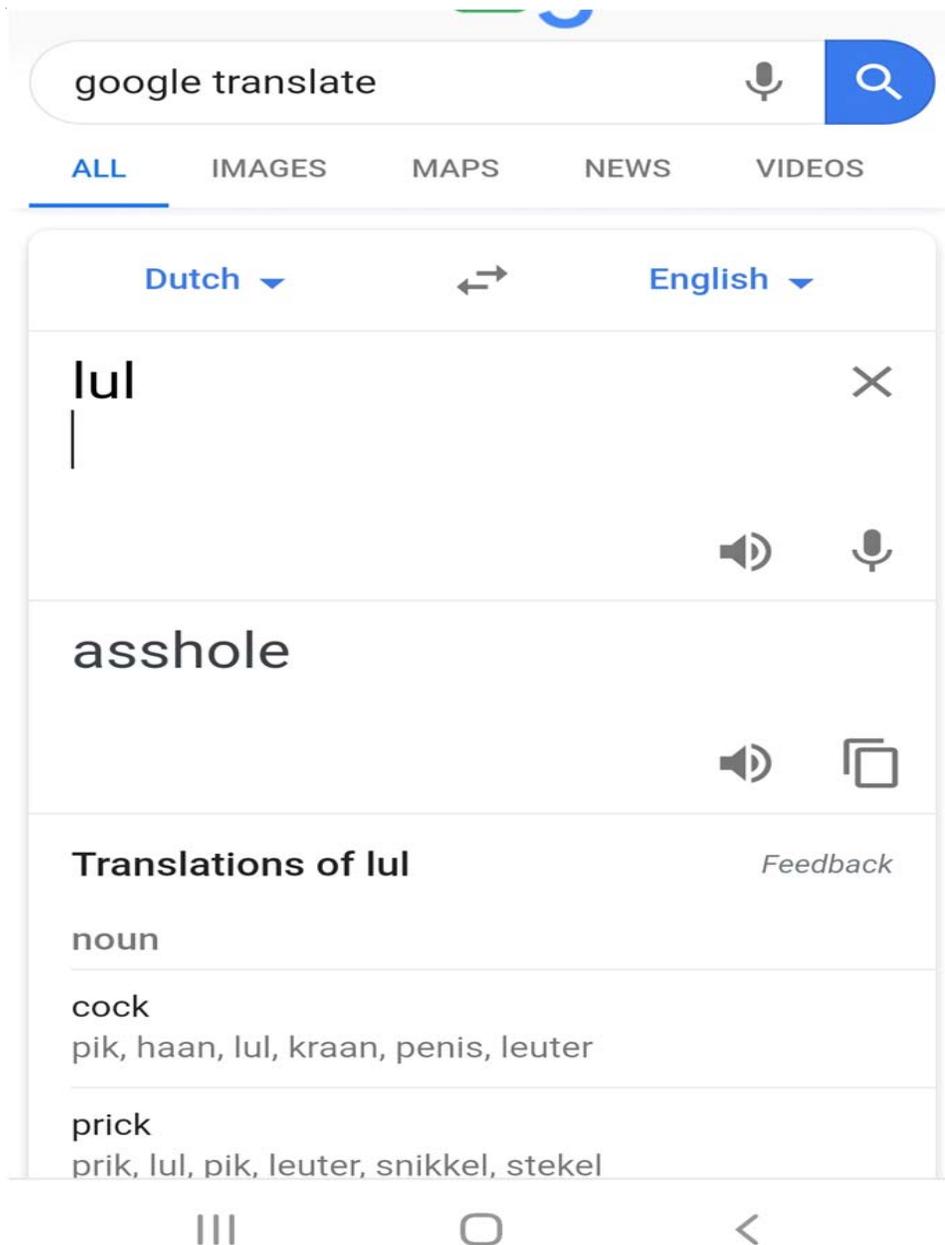
Sure, you can call it grammar and give it very intellectual names but at the end Dutch consists of logical and simple pieces. Once you see it, you can build anything that you like!

In many ways,  
Dutch is like a painting of Mondriaan.  
It is organized in logical ways,  
the elements are always  
simple and there is a lot of balance....





## 24 Don't rely on Google Translate



Too many people depend too much on Google Translate. So let's start with a little test. We start with **lul**, which is looooong thing of a male body and a great entertainment center. Now look at the translation. It is quite close, but the location is different and it is also gender neutral!

Sure... Google Translate can be a great help at times, but keep thinking for yourself. The information that it provides is often less accurate than you think....

## 25 How you look at detergent reveals a lot!



**Wasmiddel** is detergent in Dutch. Would that make sense to you?

If you say: **ik was**, it means: I wash. **De was** is anything that you wash and in English you can also call it laundry.

**Middel** in Dutch is means or instrument. The word middel is not that difficult to remember. On top of that, een middel can already bring you in the middle of the road to solving a problem. Also in other languages have the same connection. In Spanish you have medio, which can also mean in the middle. Also the French word moyen suggests that it is something in the middle.

Here is the great thing.. with middel you can make many new combinations:

managementmiddel

communicatiemiddel

slaapmiddel zzzzz

een financieel middel €€€

So here is the thing... how you look at wasmiddel reveals a lot. If you only see one thing then it may take a longer time for you before you master Dutch, but... if you start to see more things already, then it is very promising. With all these insights you can master it a lot faster!

## 26 It is ok if it does not make sense in your language



**Idiot** is an easy word of course, it means idiot. Maybe you are thinking of your boss, your ex or a certain politician now...

But... would this make sense to you? **Dit is idiot!** This is idiot does not make sense in English. If you see in Dutch **Dit is absurd**, then you'll find it easy again. Dit is idiot is the same thing as dit is absurd. Yes... it may not make sense in English, but this does not really matter...

Here is another challenge: **idiot laag prijsje** says something about a low little price. Idiot laag means absurdly low. Does it make sense to you? Or would you say: dit is idiot?

## 27 Think visually



If you think in English, you'll see 4 different things. A bulb, een scoop of icecream, een oliebol and a globe. But in Dutch they are more or less the same. They are all called **bol**.

**Tulpenbol**, **ijsbol** (or **ijsbolletje**), **oliebol** and **wereldbol**, it does does not really matter. They are all 4 **een bol!**

In Dutch, many things are logically connected. You will not see it when you keep thinking in English words. Think in pictures! It will make Dutch a lot easier...

## 28 Choose your words quickly!



If you speak Dutch in real life, then speed is important. People don't like to wait. Sure... there are so many words that you could choose from, but it does not mean that it has to take ages before you say something.

Choosing quickly is a skill by itself. It needs to be trained again and again and it is one of the most important skills that you need to master if you like to speak Dutch with real people!

**Tip:** every time that you have to wait for a tram or a bus or any time that you are in a traffic jam, you can play a game with yourself. See how many words you can say about a certain topic. For example, you might start with [zomer](#) and then words like [zon](#) & [vakantie](#) & [ijsje](#) may come up! Once you can find the right words quicker, you'll find it easier to speak!

## 29 Just smurf things more often!



You know **de smurfen** right? These blue creatures have one great word: **smurfen** and it is multifunctional! You can use smurfen for almost everything!

So here is the trick... Most people are far too obsessed with little insignificant details if they like to speak Dutch. They try to find that one specific word and this can take a long time, if they can find it at all...

So here is a great tip: **dare to be vague**. Use very general words and do not worry too much about small details. You'll find those details while you speak more and get more experience!

Smurf now and think of more details later...

## 30 Thou shalt not bore Dutch people



If you like to speak more Dutch, then you'll have to entertain Dutch people.

If you say boring things, they will simply fall asleep.

Don't say things like: **Nederlands is moeilijk & ik studeer heel hard.**

Be a bit more creative!

You could try some other things:

**ik ben een stroopwafelmonster or: ik kom niet uit mijn comfortzone**

Say things that Dutch people do not expect and make them laugh now and then and they will be happy to listen to you!

## 31 Always smile if you like to be corrected



Would you like to be corrected by people if you make mistakes while speaking Dutch? Then here is an important tip: always smile if people correct you!

When you smile while being corrected, then Dutch people will feel encouraged to give you more feedback. But the second that it feels that they ruined your day, they will stop immediately!

Dutch people don't see this type of facial expression as very inviting for giving more tips and corrections...



## 32 Everything depends on emotions!



Emotions make a great difference for everything in life. They can determine how fast you can learn and... they often give a meaning to anything that Dutch people say.

For example, you may believe that **lekker** (tasty) is always positive. But... just have a look at those different emojis on the picture. Would you think that lekker would mean the same thing for all of them?

So here is a great rule: yes words do have certain meanings, but... you can only the right meaning if you also understand the emotion!

### 33 With a dirty mind you'll learn forever



If you like to speak great Dutch, make sure that you learn the filthy words as well. It will help you to understand more jokes and to understand far more conversations.

Sure... you can learn like a nun, but then you will not have fun!

**P.S:** you see that one guy represents a popular word with a special costume. Would you like to know how you call this in Dutch? Have a look at [insight 24](#) and you'll find the answer!

## 34 Be a greedy little bugger!



Learning how to speak Dutch is like picking tulips. Once you know how to pick them, you can pick one tulip or ten....

If you live in Holland, you'll see and hear many words and once they make sense to you, you can pick them up. How many words would you like to pick up? It depends on you! You can set the pace. Make sure that you do it wisely :)

## 35 Boost your Dutch with this great activity!



**Onthaast** literally means unhaste! It means that you slow down. When you onthaast, you'll notice new things and it is easier to notice what really matters.

That is why **onthaast** is a great principle when you want to speak better Dutch. It may go against your intuition and yet... if you onthaast it is often a lot easier to speed up!

## 36 Don't drown in overwhelm!



Many Dutch teachers believe that you'll pick up Dutch automatically if they only speak Dutch to you. On top of this, they also explain Dutch grammar subjects that even Dutch people don't understand, in Dutch!

This approach does not help of course. If the flow of information is too much to handle for you, then you'll only close down. You will not learn anything at all :(

You can only learn things that you understand. If nothing makes sense to you, it is impossible for you to move forward.

There is a saying that everything can be a poison and that it just depends on the dosage. Even basic things like water and oxygen can kill you if you get an overdose.

Learning a new language is no exception!

## 37 Asking for help is a skill by itself... (actually 2 skills)



Asking for help is a skill by itself. First of all you may need to overcome a certain inhibition, certainly if you are a man :) Asking for help is not weakness, but rather a strength!

And... there is another skill that many people overlook... you have to know where to ask for help! You have to look for help in the right places, it does not make sense to ask help from people that cannot help you...

Remember that most Dutch people don't know anything about their language. Even if they like to help you, they really can't. So don't be upset if people cannot help you for whatever reason... Just go somewhere else :)

**Extra:** **help me** is both English and Dutch. The only difference is the pronunciation of the word me. If you pronounce me the English way, Dutch people will think of Chinese food!

## 38 Working with other people makes things easier



In Dutch we say: **vele handen maken licht werk** (many hands make light work). The same thing is true for minds... if you work together with other people, you'll learn faster.

When you are with other people, you often notice that the energy is higher. This can help you to focus more, overcome resistance and have far more fun! It helps you to see things from perspectives and quite often you do not only learn from your teacher, you also learn from fellow students as well!

Last but not least, if you learn with other people, it is a lot easier to make new friends!

## 39 Look at yourself from a higher perspective



This picture is of one of my Dutch Brainwash Classes. One student is flying his drone so now we can have a look at us from a higher perspective :)

Looking at yourself from a higher perspective is by the way a very advanced skill. Some people may also call it learning on a META level.

The idea is very simple though. It simply means that you take some time and that you zoom out. You simply ask the question: how am I doing right now? What am I great at and what is something that I could improve? Another important question is: do I really have fun with this?

The most important thing in life that you can learn is things about yourself. If you know how you really function, then it is easier to do these things that are truly beneficial for you....

If you look at yourself from a higher perspective it will be easy to see things. You'll see that if you do certain things it leads to certain results and that if you do other things it can lead to other results again. It is a very gentle and friendly process.

When you learn a new language, you'll also learn many things about yourself. You'll discover new talents and chances are high that you'll understand yourself a lot better.

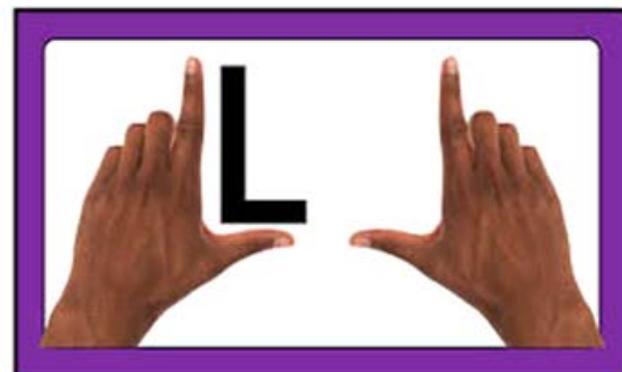
## 40 Yes! Let donkeys inspire you!



**Een ezelsbruggetje** is a combination of **ezel** (donkey) & **bruggetje** (little bridge). In English you could call it mnemonic. It is a simple trick that can help you to remember things.

The amazing thing is that you can use hundreds if not thousands of ways to find ezelsbruggetjes. The possibilities are limitless. You can use sounds, rhymes, colors, pictures and even your body!

This **ezelsbruggetje** works both in English and in Dutch. It helps children to remember what is **links** (left) and **rechts** (right)



## 41 How to learn new words the smart way



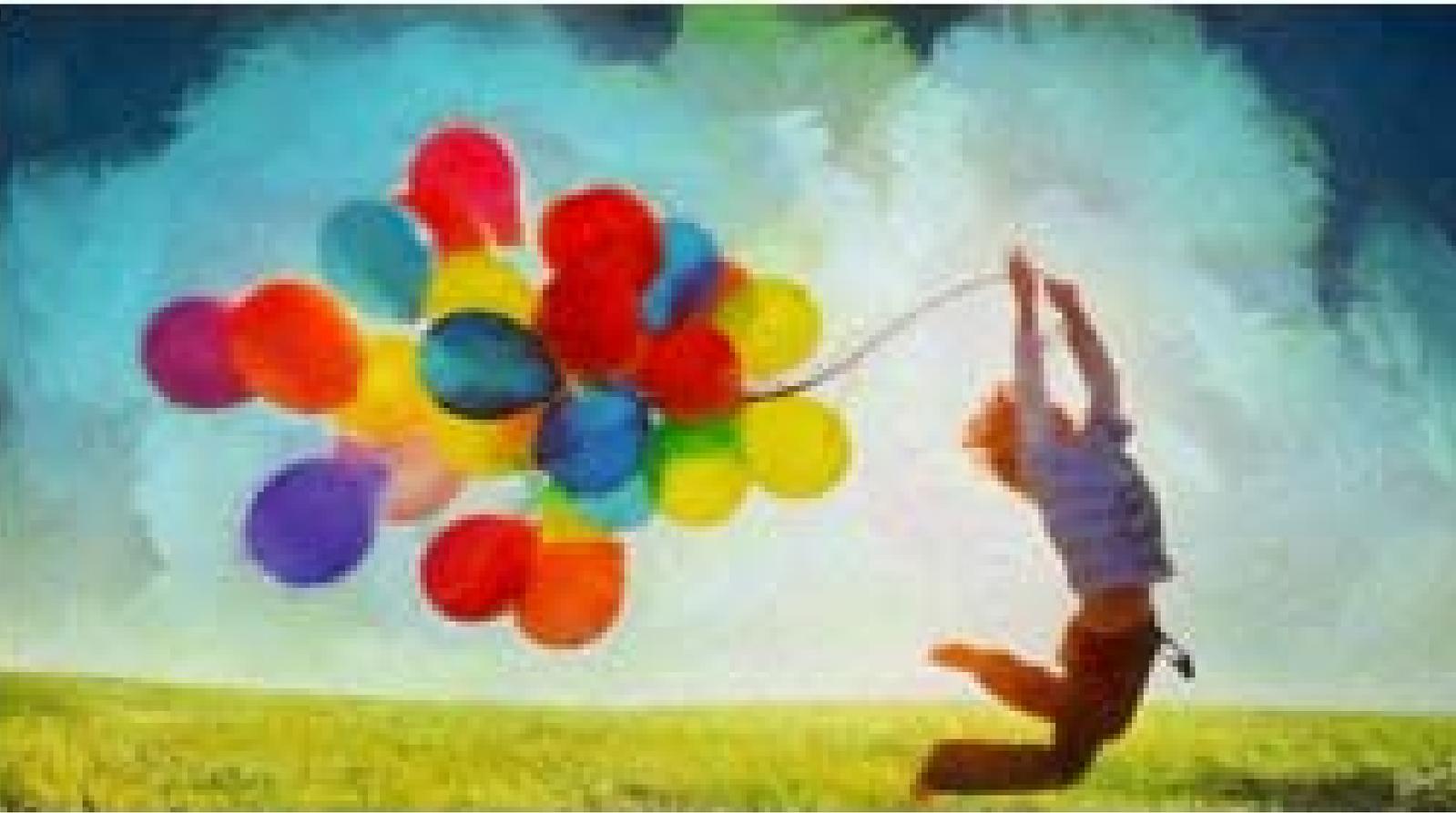
Always learn words the smart way. Imagine that you like to learn the word trunk... In Dutch it would be **slurf** ( a trunk of an elephant).  
If you like you could use **een ezelsbruggetje** (see previous page) and say something like this: I surf on a slurf....  
Now you have the word in your memory...

Then always check if a word can have a double meaning... **een slurf** is a great thing if you like to get into a plane. You can see that de slurf of an elephant and a plane have things in common... They are both long, grey and hollow

Then check if you must exclude words as well...  
In English you can use trunk for your car as well.  
But... in Dutch it would not make sense.  
In Dutch it would be **achterbak**.  
Achter = behind and you may have heard of **glasbak** (a container for recycling glass)



## 42 Start to talk about 30 different subjects right now!



When you speak your own language, would you then only speak about one subject all the time? Probably not... Probably you would switch to many different subjects within a very short time.

If you like to speak Dutch with confidence and ease, make sure that you learn how to do this quickly! The great thing is that many Dutch words are quite close to English:

De economie  
De sport  
Religie  
Psychologie  
Marketing  
Relaties

Can you see? Don't focus too long on one subject while learning. It is not only boring, it always slows you down!



## 43 Why would you screw the cork of a good wine?



**Corkscrew** is a logical word in English, but... not everybody screws on this planet. In many other languages you would rather pull the cork. That is why in Spanish you say **sacacorchos** and in French **tirebouchon**.

In Dutch the word would be **kurkentrekker**, because **trekken** is to pull. You may have seen it on doors already...

If you only speak English, then chances are high that you think that you can only screw corks. But.. if you speak other languages, it is easier for you to agree that also pulling a cork can be a great idea!

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## 44 Unleash your true flower power!



The biggest challenge for most people is how to deal with freedom and unlimited creativity. Once you know how grammar works and once you know loads of Dutch words, you can create anything that you like. You can create any story that you like and you can make it as colorful as you like. In that sense, words are just like flowers :)

Many people hate this idea. They would rather rely on prememorized sentences and they wish that everything in life was predictable.

However, speaking and learning a new language is a creative process. And it is the expression of you. Why make it boring?

## 45 You are beyond comparison!



In English you say that you should not compare apples and oranges. In Dutch we say that you should not compare **appels & peren**.

So if this is true for a piece of fruit, then what about you? Sure... you could compare yourself with others, but why would you do it? You are unique and different from all the rest. It does not make sense to compare yourself with others.

Sure.. it is nice to have a point of reference now and then. But... if you compare yourself to much wit others you could either become very arrogant (if you think that you do better than all the rest) or you start to feel negative things about yourself when it seems that other people do a better job than you.... Both options are not very good....

Once again, your path to fluent Dutch will be unique and personal. One thing is certain: if you do the right things, you will get there!

## 46 Don't worry about the color of grass!



In Dutch we have a saying: **het gras van de buren is altijd groener**, which means that the grass of the neighbors is always greener.

It is easy to believe that other people are so much better than you when they speak another language, certainly if they speak fast and when they reflect loads of confidence. The only thing is that unfortunately you do not know whether your idea is accurate or not.

It is very easy to have a wrong impression. The fact that it sounds brilliant to your ears does not really mean that what they say is brilliant indeed.

Here is one tip. ... If other people seem to be better than you are, always see it as a source of inspiration. If they can do it, then it will also be possible for you!

Also, if you feel that your neighbor has a nicer garden, then don't feel jealous. Just take more care of your own garden :)

## 47 Always question everything!



Would you know what **nacht** means? Of course, nacht is night, right? So here is the next question: at what time does **de nacht** begin? The answer may surprise you. In Dutch de nacht only starts after 24:00

Everything before 24:00 is something that we only call **avond** (evening). If you have a great night with someone in English then it can mean that you had a great evening, but not in Dutch. If you spend een nacht, it never means that you just had a nice evening. Also chances are high that in Dutch you spent this time in bed....

Therefore in Holland, if you like to say night shop, we would call it **avondwinkel**. This picture was taken in Belgium!

So here is the thing... What you saw was just one example. Therefore, never assume that you already know everything. Things can always be different! Always be alert! It is always a wise thing to do. Only stupid people believe that they know everything :)

## 48 Take your first step and be unstoppable!



## Something about me...

My name is Albert Both and many people know me as Meneer Dutch Brainwash. I love **niksen** (the Dutch art of doing nothing), languages and fun!

I strongly believe that learning and speaking other languages somehow makes life more beautiful and interesting . This is even true for Dutch :)

I have to admit that I did not like my own language for a long time. I got traumatized at school and I was always bad at Dutch Grammar. But now - surprise suprise - I can explain with great clarity how Dutch *really* works and I combine it with bad jokes and naughty humor! Somehow this combination seems to work... I love it when people see the light so that they can start to talk about anything that they like...

I have been doing this for 17 years and the great thing is that more and more people start to discover that you don't have to suffer. On the contrary...

I love to see that more and more people can experience a great difference within a very short time. So I guess that this is what I will continue to do for the coming time :)



## Extra resources

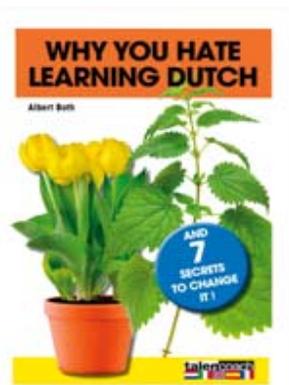


### Special Facebook Group:

You can join a special group on Facebook. Everyday you'll find something boring or interesting about Dutch and you can comment and participate in small discussions. If you join you could get a smile on your face now and then and even learn something new! :)

### Free eBooks:

Why You Hate Learning Dutch & Secrets To Change it ([www.talencoach.nl](http://www.talencoach.nl))



Don't Worry Speak Dutch  
3 Steps To Dutch Flow  
([www.dutchflownow.nl](http://www.dutchflownow.nl))



### Dutch Brainwash

A unique program of 7 days. Learn how to talk in Dutch about anything that you like, while having outrageous fun!

<https://talencoach.nl/programs/brainwash/>



## Some reactions of Dutch Brainwash participants:

I feel like I really understand how Dutch works much better and it's given me so much more confidence. And I understand how Dutch culture works better.

A Dutch Brainwash is fun, supportive, logical, worth every cent

**Rachel Thompson**

A safe + open space to learn - and make mistakes - with your Dutchh, regardless of your 'level' of understanding. What it is not: scary, strict, rigid. Albert adapts his questions + comms to each person

**Nicola Cloherty**

An enjoyable and interactive week that vastly improves your ability to understand and speak the language, whilst also catering for all capabilities.

**Lucas Overtoom**

A revelation for you and for the others: everybody acknowledges a change happend to your Dutch

**Anna Franca Didona**

Albert has designed a course that cleverly incorporates colour, drama, humour and repetition. This is not a 'textbook course' (and you won't find any boring textbooks either).

This is a holistic learning experience that will ship away your unnecessary shame, help you appreciate Dutch culture and give you the magical tools to progress - whichever level you are at. If you really want to learn Dutch, you can open your mind, be patient and respect the process... then it's time for a Brainwash!

**Hannah Martin**

had fun! I learned so much in a short time - 7 days compared to 17 years! I made new friends! I had a lovely birthday!

**Jill Mcinnes**

- Was a lot of fun
- My best learning experience in Dutch
- Very intense but also enriching
- I now feel empowered to speak Dutch
- Highly recommended!

**Yaron Goldstein**

Intense & so rich! Thank you Albert. One can truly see you have an amazing insight over your language and you know how to transmit it. This is a gold quality. Thank you for that splendid energy of yours!

**Tracey Hoijer Favre**

Out of normal. An easier way to prepare speak Dutch

- Highly recommended!

**Natalia Lerdo de Tejada**

A playful dive into Dutch language together with motivated class mates and an effective trainer.  
“Don’t be serious and start talking”

**Federica Albissola**

Original. Funny way to work on a language. I find it too short... when at the beginning I thought 7 days are too much.. but not no.... a lot of interactions, interactivity

**Laurence Robert**

Brilliant insight into the language and into lots of things about Dutch culture

**Alison Reid**

Overall this was an amazing experience exceeding my expectations. Combination of Brain-wash technique and very consistent and structural way of delivering information opening up a way for me to speak Dutch with no fear

**Ilya Tartakosvkiy**

Intensief! But a really interesting approach that helps participants to really live in the language and explore it in a way that encourages experimentation and active use

**Ilya Tartakosvkiy**

7 days of all the important parts of Dutch grammar. More importantly, you will understand what you learn

**Sinead Crowley**

